



In the name of Allah, the Most Gracious, the Most Merciful

মুসলিম উম্মাহ অফ নর্থ আমেরিকা (মুনা)

Muslim Ummah of North America (MUNA)

1033 Glenmore Ave. Brooklyn, NY 11208 Tel: 718-277-7900 Fax: 718-277-7901, www.MuslimUmmah.org

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Most Gracious, the Most Merciful



Monthly Program Agenda of MUNA Children 2021

Children program in Muslim Ummah of North America (MUNA) is run by the Chapters or Sub-Chapters. Children age group is fixed from Kindergarten to 5th grade. All Chapters and Sub-Chapters must follow the agenda. Every program must finish in 1½ hours. If time is short, agenda can be shortened.

January

- Arabic month/day /date (Jumada-Al Awwal- Jumada ath-thani)
- Surah memorization with meaning - Surah Al-Fatiha / Surah Naas /Surah Al- Kawther
- Kalima Taiyyeba with meaning
- Eating Sunnah- (see reference)
- Nasheed (I am a Muslim)

☆Note - Discuss new year day from Islamic aspect.

(See reference note)

February

- Arabic month/day / date (Jumada ath-Thani- Rajab)
- Review Surah with meaning
- Review Kalima Taiyyeba with meaning
- Names of Allah - Al- Khaliq, Al – Bari (see reference)
- Eating Sunnah (continue)
- Coloring posters
- Nasheed Review (I am a Muslim)
- Homework-Make a checklist for eating sunnah- (to be presented next month)

☆Note -Discuss Valentine day from Islamic aspect

(See reference note)

March

- Arabic month/day / date (Rajab - Sha'ban)
- Surah Memorization with meaning-Surah Falaq / Surah Maun



- Discuss about Pillars of Emaan. (See reference note)
 - Names of Allah - Al- Musawwir, Al – Wadood (see reference)
 - Cleanliness (discuss also about wadoo, gasol, tayammum.)
- Cleaning Page #129 “The book is Islamic studies level 2 weekend series”
- Wudu with demonstration. (See reference note)
- Wudu page #65 “The book is Islamic studies level 2 weekend series”
- Homework presentation.
- ☆ Discuss about Shaban (see reference note)



April

- Arabic month/day / date (Sha'ban - Ramadan)
 - Surah Review with meaning
 - Discuss about the importance of Salah
- Salah Page # 44 “The book is Islamic studies level 2 weekend series”
- (See reference note)
- Salah demonstration (See reference note)
- Demonstration of Salah, Page #146-155 “The book is Islamic studies level 2 weekend series”
- Let's learn about Prophet's (s) companion - Abu Bakr and Umar ibn Al-Khattab (see reference)
 - Nasheed - Months in Islam
 - Homework: Search Google- Discuss about Ramadan and Eid ul Fitr in different muslim countries in the world. (Research based- to be presented in next month)
- ☆ Practice Ramadan journal

May

- Arabic month/day / date (Ramadan - Shawwal)
 - Surah memorization with meaning- Surah Ikhlas / Surah Al - Quraish
 - What is Ramadan (see reference)
 - Discuss about your research (from April)
 - Color poster / show and tell game
 - Eid song
 - Quize Competition and Eid gifts
- ☆ Note: Discuss about "Mother's day" from Islamic aspect (see reference note)

June

- Arabic month/day /date (Shawwal - Zhul- Qa'da)
 - Surah Review with meaning
 - Discuss: We are Muslim (group leader will discuss about being good to your family, friends, neighbors, environment...) (See reference note)
 - Dua for entering and leaving house (See reference note)
 - Nasheed
 - Homework: Speech presentation: "We are Muslim"
- ☆ Make a Diorama: Makkah /Madina / Cave of Hira /Prophet Nuh's (a) boat (to be presented in the Talent show)

July

- Arabic month/day /date (Zhul Qa'da- Zhul Hijja)
- Surah Memorization with meaning -

Surah Lahab / Surah Feel

- Dua and Kalima Review (from previous months)
- Speech presentation: We are Muslim
- **Story time: Prophet Ibrahim (a) and Ismael (a) story from the book: "My First Quran Storybook"**
- Coloring poster

☆ Note: Discuss [Eid -ul- Adha, Arafa Day]

August

- Arabic month/day /date (Zhul Hijja - Muharram)
 - Surah Review with meaning
 - Discuss about Surah Feel (see reference)
 - Names of Allah- Al - Hameed, Al - Hadi (see reference)
 - Nasheed - 25 Prophet's name
 - Homework - Speech presentation
- Topic: "Salah, it's my duty "
- (Group leader will discuss about the topic)

☆Note: Discuss about "Muharram"

September

- Arabic month/day /date (Muharram - Safar)
 - Surah memorization with meaning At- Nasr / Al - Humazah
 - Speech presentation-
- Topic: "Salah, it's my duty "
- Let's learn about Prophet's (s) companion - Uthman Ibn Affan(r) and Ali ibn Abi Talib(r) (see reference)
 - Sleeping sunnah (see reference)
 - Coloring poster

October

- Arabic month/day /date (Safar- Rabiul Awwal)
- Surah Review with meaning
- Names of Allah - Ar-Razzaq, Al- Wakeel (see reference)
- Memorize the names of "Books of Allah"(see reference)
- Sleeping sunnah (see reference)
- Homework: make sleeping sunnah checklist

☆Note: Discuss about Halloween from Islamic aspect.



November

- Arabic month/day /date (Rabiul Awwal - Rabiuth thani)
- Surah memorization with meaning Suarah Kaafiroon / Surah Asr
- Names of Allah -Al-Aleem, Al-Baseer,Al-Khabeer (see reference)
- Greetings etiquette (see reference)

• Nasheed - 99 names of Allah

- Homework presentation
- Coloring posters

☆Note: Discuss Thanksgiving from Islamic aspect (see reference note)

December

- Arabic month/day /date (Rabiuth thani - Jumadal Awwal)
- Surah Review with meaning
- Quize Competition (Names of Allah, the prophets, the books of Allah, prophet's companion, 6 pillars of Emaan, Months in Islam, dua and manners)
- Nasheed - 99 names of Allah

☆ Notes: Discuss Christmas Day from Islamic perspective. (see reference note)

Nasheed link

☆ I am a muslim

<https://youtu.be/ugNoyzaHLXU>

☆ Months in Islam

<https://youtu.be/6FTLB59Cs5U>

☆ Eid Nasheed

<https://youtu.be/4yTE1pp6I7E>

☆ 25 Prophet's name

<https://youtu.be/YMHPpCYrWPc>

☆ 99 Names of Allah

<https://www.youtube.com/watch?v=a9YCxGK6j3M>



May Allah accept our agenda and give us Tawfiq to follow this. If you have any advice, opinion & suggestions please send email- director of MUNA Children: saleabegum@gmail.com & MUNA Office: munaoffice@gmail.com.

With regards

Alea Begum Shumi
MUNA Children Director



Arman Chowdhury
National Executive Director, MUNA.

☆ Notes and Reference:

☆ Surah Memorization with meaning:
From "Juzz 'Amma" book.

☆ Kalima with Meaning

1. Kalimah Tayyibah - لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُولُ اللَّهِ

There is none worthy of worship besides Allah; Muhammad (SAW) is the messenger of Allah

2. Kalimah Shahaadah – (Declaration of Faith)

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I bear witness that there is none worthy of worship besides Allah. He is one and He has no partner. And I also bear witness that Muhammad (SAW) is His messenger and slave.

☆ The Six Pillars of Faith (Iman) in Islam

- 1- Belief in the existence and unity of Allah.
- 2- Belief in the existence of Angels.
- 3- Belief in the books of Allah.
- 4- Belief in Allah's messengers and that Muhammad is the last of them.
- 5- Belief in the Day of Judgment.
- 6- Belief in the Qadhaa' & Qadr (Doom & Divine Decree)

☆ Names of the Four Main Books of Allah

1. Tawrah, revealed to Prophet Musa (A)
2. Zabur, revealed to Prophet Dawud (A)
3. Injeel, revealed to Prophet Isa (A)
4. Qur'an, the final book of Allah, revealed to Prophet Muhammad (SAW)

☆ Names of Salah

1. Salatul Fajr – the dawn Prayer before Sun rise
2. Salatuz Zuhr - Soon Afternoon Prayer
3. Salatul Asr - Late Afternoon Prayer
4. Salatul Maghrib – After Sunset Prayer
5. Salatul Isha - Night Prayer

☆ Names of The Islamic Months

1. Muharram
2. Safar
3. Rabi Al-Awwal
4. Rabi At-Thani
5. Jumada Al-Awwal
6. Jumada At-Thani
7. Rajab
8. Sha'baan
9. Ramadan



10. Shawwal
11. Zul-Qi'dah
12. Zul-Hijjah

★Manners

Manners of eating:

1. Wash the hands before eating.
2. Eat with the intention that you derive energy and strength through the food to do good deeds.
3. Eat sitting on the chair or floor.
4. Eat with the right hand.
5. Do not sniff the food nor blow into it.
6. Do not criticize the food.
7. Do not waste any food.
8. If some food falls from the plate, pick it up, clean it and eat it.
9. Eat together and not by yourself.
10. Wash the hands after eating.

★Manners of sleeping:

1. recitation of dua before sleeping and when waking up.
2. recitation of Surah Nas & Falaq (the muawadhatein).
3. sleeping on the right side.
4. taking wudhu before sleeping.
5. in case of a bad dream, recite a dua and change direction.
6. check beddings before sleep.
7. relax before getting up from the bed.
8. sleep early after Ishah and wake up early.

Manners of using Restroom:

1. recitation of dua before entering the restroom.
2. Enter with the left foot
3. Face away from the Qibla but do not give your back to it either.
4. Do not stand while urinating.
5. Do not soil yourself with urine, this is a major sin
6. Do not Eat or drink in the toilet.
7. Wash your private parts thoroughly with water.
8. Do not use your right hand.
9. Wash your hands.
10. Leave with the right foot and say: "Ghufraanaka" (I seek Allah's forgiveness)



★Stories:

- Stories of The Prophets For Kids Episode 1-8 Yusuf Estes

<https://www.youtube.com/watch?v=Mjvz6dlI9I8&t=1008s>

☆Each sub-chapter should have their own children's library. Here is the books for the library.

<http://www.kitabhouse.com/index.php/books/productlist?cat=10> & MUNA book service.

Please See Additional Pages

Names of Allah

1. Al Khalid - the creator

Allah created us, the sun, moon, plants, and animals.

2. Al - Barri - the maker

Allah made the whole world, stars, oceans, and trees.

3. Al musawwir- the shape-maker

He made nature, insects, and rain.

4. Al Wadood - the loving

Allah loves us and we love Allah sbwa.

5. Al Hameed - the praiseworthy

Allah sbwa gave us everything. We must always praise him.

6. Al Hadee - the guide

Allah guides us and shows us what is the right and wrong path.

7. Ar Razzaaq - the ever-provider

Allah sbwa gives us food, water, and everything.

8. Al Wakeel - the trustee

We trust Allah sbwa with all our affairs and that he will help us with everything.

9. Al Aleem - the all -knowing

If we hide anything Allah knows and he knows what we do always.

10. Al Baseer - the all-seeing

Even if we were to hide under the sea, Allah can always see us.

11. Al Khabeer- the all-aware

Allah is always aware of where we are, our lives, and what we do.

Cleanliness

Cleanliness, or tahara, is an important part of our faith. Tahara means total purity and cleanliness of body, clothes, place, and all parts of a Muslim's life. Cleanliness is also a requirement of our worship. We are required to perform salah five times a day. Salah is a form of worshipping our creator. When we approach our creator, we should be clean. Therefore, before each prayer, we make wudu.

Wudu is the most common way of cleaning ourselves. Wudu is so important that Allah has clearly told us the steps of wudu in the Quran. Without formally cleaning certain parts of our bodies, we cannot worship Allah. The purpose of wudu is both physical cleaning and spiritual cleaning. Spiritual cleaning means we prepare and clean our minds before we make salah. Sometimes wudu alone will not clean our bodies. Our bodies may be unclean or impure for many reasons. In this case, we should take a full shower to cleanse ourselves. In Islam, it is called ghusl. The prophet taught us how to make complete ghusl.

If water is not available or is dirty, or if we are sick and cannot touch water, we still have to clean ourselves. Cleaning our bodies without the use of water is called tayammum. It is a dry wudu. For dry wudu, a person touches dry soil, dust, or drywall and rubs his hands and face as if he or she is making wudu. The purpose is to spiritually cleanse our bodies. If clean water is available and if we are able to use water, we cannot do tayammum.

Steps of Wudu

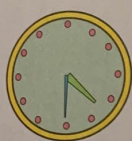
1. Make niyah.
2. Say Bismillah.
3. Wash your hands three times up to your wrists. First wash your right hand then your left.
4. Gargle your whole mouth including the upper part of the throat three times.
5. Rinse, or inhale water in your nose and blow out, three times.
6. Wash your entire face three times, from your hairline to your chin, and from ear to ear.
7. Wash each of your arms from your wrists to your elbows three times. First right hand then left hand.
8. Wipe your head with water from your hands one time, from your hairline to one fourth of your head.
9. Wipe your ears with water from your hands one time thoroughly inside. With your thumbs wipe behind your ears on the outside.
10. Wash each of your feet three times up to your ankles and between each toe.
11. Read the dua after making wudu.

Salah

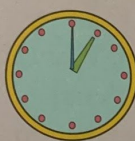
Salah is the second pillar of Islam. Salah, or prayer, is done five times every day. These prayers are done at specific times. All Muslims, young or old, men or women, must do salah. It is a duty for us. The five salah every day reminds us about Allah (swt) and all His blessings to us.

The names and times of the five salah are as follows:

1. **Fajr**: early morning, after dawn and before sunrise
2. **Dhuhr**: just after noon-time
3. **Asr**: mid-afternoon
4. **Maghrib**: right after sunset
5. **'Isha**: night, after the Maghrib salah



Fajr



Dhuhr



Asr



Maghrib



'Isha

We can do these five salah alone or with a group of people. Some salah must be done with other people. On Fridays, we do salah in a group. This is Salatul Jumuah. When we pray Salatul Jumuah, we do not pray Salatul Dhuhr. On the days of Eid, we do salah in group. Many people attend the Eid salah.

Salah brings us closer to Allah (swt). Doing salah on time shows that we have faith in Allah (swt) and we follow Islam.

Before salah, we should make **wudu**. Wudu means we have to wash our face, hands, and wipe our head and feet. Sometimes we may have to take a shower, too! We should not pray with dirty clothes.

Before salah, a call for prayer is made. This call is the **Adhan**, and it is made in a nice, **melodious** voice. The Adhan is a reminder that it is time for salah. Do you know the words of the Adhan? The words of Adhan are easy to remember, and you can learn them quickly. Then you can be a **muadhdhin** in your home, which means that you make the call for prayer!

You may do salah alone, but it is better in a group. When you are in a group, an **Imam** leads the salah. The Imam is the leader of the salah. The Imam stands in front, and everyone else stands behind him in straight rows. During salah, we face toward the **Ka'bah** in Makkah. This direction is called the **Qiblah**.

We should do each salah at its correct time. We may do salah in any clean place. Whenever you hear a muadhdhin is calling you to salah, leave your games or work, and join the salah. Allah (swt) **accepts** the salah and rewards us for praying.

Steps of Salah

Steps of Salah



Stand for salāt facing the direction of the Ka'bah.

(Front and side view)



Raise hands for takbir.
Place them on the belly to recite sūrahs.



Bend down for ruku.

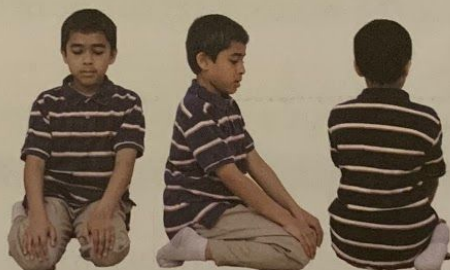
(Front and side view)



Stand up from ruku.



Bow down to make sujud.



Sit down from sujud,
jalsa position.

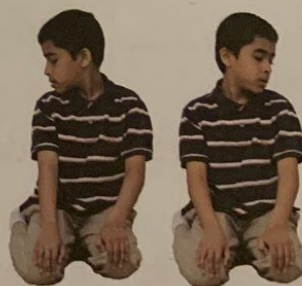
(Front, side, and back view)



Second sujud from jalsa position.



After the 2nd raka'at, sit down after 2nd sujud to recite tashahud.



Complete salāt—turn face, first to the right and then to the left for salam.

Sunnah Book For Kids



January- March - Eating Sunnah



PROPHET ﷺ SAID TO Umar ibn Abi Salamah,

Eating Sunnahs

Dua Before Meal

بِسْمِ اللَّهِ

Bismillah
(In the name of Allah)

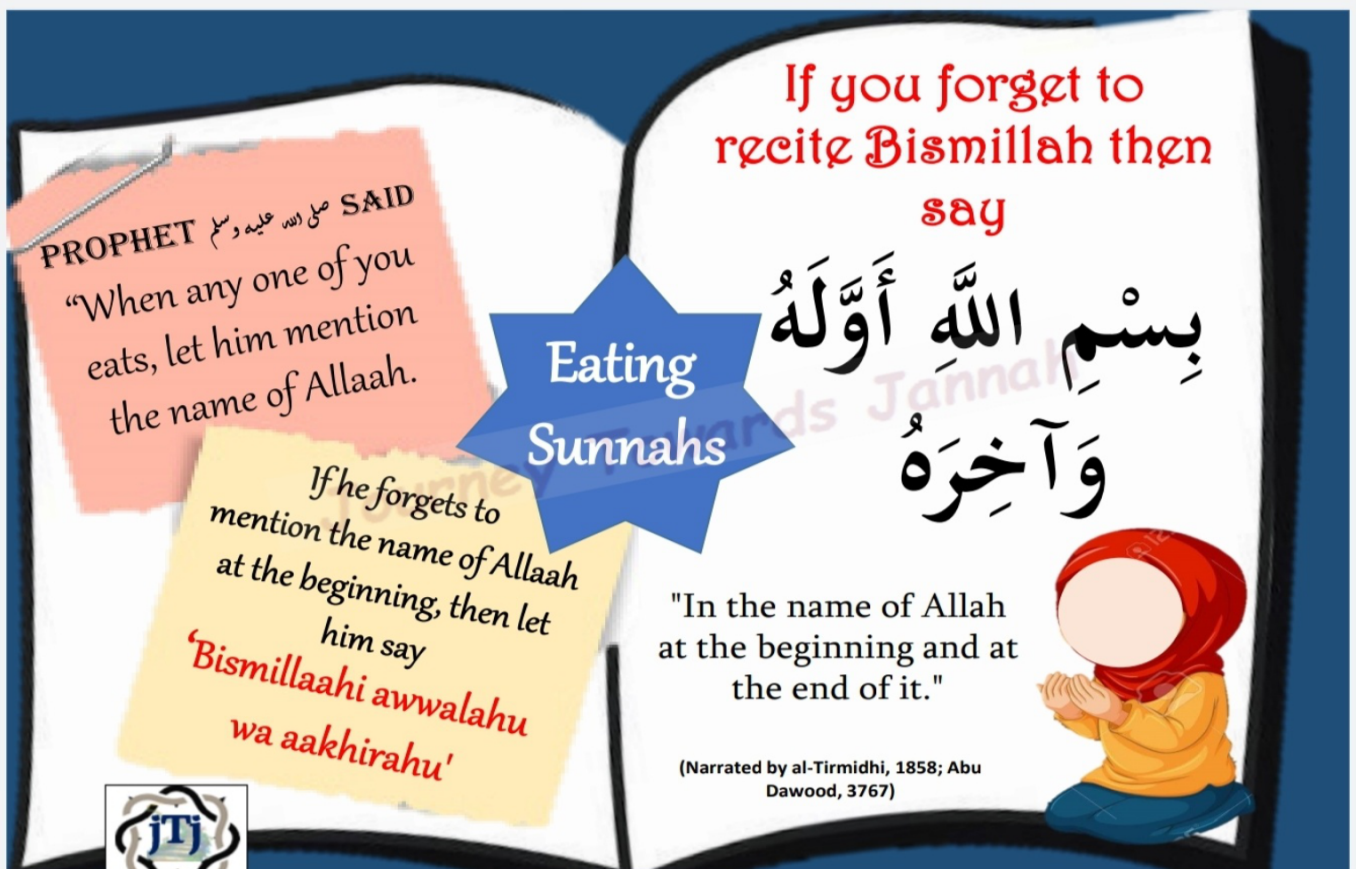
"O young boy, say 'bismillah' eat with your righthand, eat from what is directly in front of you."

(Narrated by al-Bukhaari, 3576 Muslim, 2022)

Journey Towards Jannah

Logo: JTJ Journey Towards Jannah

Social media icons: WhatsApp, Facebook, Messenger



PROPHET ﷺ SAID

Eating Sunnahs

If you forget to recite Bismillah then say

بِسْمِ اللَّهِ أَوَّلُهُ وَآخِرُهُ

"When any one of you eats, let him mention the name of Allaah."

If he forgets to mention the name of Allaah at the beginning, then let him say 'Bismillaahi awwalahu wa aakhirahu'

"In the name of Allah at the beginning and at the end of it."

(Narrated by al-Tirmidhi, 1858; Abu Dawood, 3767)

Journey Towards Jannah

Logo: JTJ Journey Towards Jannah

Don't eat while reclining

PROPHET ﷺ SAID

"I do not eat whilst I am reclining."

(Narrated by al-Bukhaari, 5399)



Eating Sunnahs

Don't Throw Food in Garbage

ANAS IBN MAALIK رضي الله عنه NARRATED

"He ﷺ said, 'If any one of you drops a piece of food, let him remove any dirt from it and eat it, and not leave it for the Shaytaan.'

He ﷺ said, 'For you do not know where in your food the blessing is.'"

(Muslim, 2034)



Journey Towards Jannah

Don't Criticise the Food

ABU HURAYRAH رضي الله عنه narrated

Prophet ﷺ never criticized any food. If he liked it, he would eat it and if he did not like it, he would leave it.

(Bukhaari, 3370; Muslim, 2046)



Eating Sunnahs

Rinse Mouth After Eating

Basheer ibn Yassar رضي الله عنه narrated

Suwayd ibn al-Nu'maan told him that they were with the Prophet ﷺ in al-Sahba' He called for food, but he did not find anything but some saweeq (barley mush).

So he ate some and we all ate with him.

Then he called for water and rinsed out his mouth, and then he prayed, and we prayed, and he did not do wudoo'.

(Narrated by al-Bukhaari, 5390)

The Messenger of Allah (ﷺ) said:
"Whoever eats food and then says:

*Al-hamdulillāh,
alladhī at`amanī
hādha wa razaqanīhi
min ghairi hawlin minnī,
wa lā quwwatin
his past sins shall be forgiven."*

Eating Sunnahs

Dua after eating
الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا
وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ
مِنِّي وَلَا قُوَّةٍ

All praise is due to
Allah who fed me this
and granted
it as provision to me,
without any effort from me nor power,



Jam e Tirmazi - 3458



Journey Towards Jannah

Eating Sunnahs Checklist

Wash Hands

Say Bismillah before eating

Eat with Right Hand

Eat what is right in
front of you

Don't eat from gold or
silver vessels

Don't throw Food in Garbage

Don't recline while Eating

Be moderate in Eating

Rinse Mouth After Eating

Don't Criticise Food

Don't leave food in plate

Don't Miss After Meal Du'a

Thank Allah after Eating



June - Dua for entering and leaving house


Dua when leaving home

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismillaahi, tawakkaltu 'alallaahi, wa laa hawla wa laa quwwata 'illaa billaah.

In the Name of Allah, I have placed my trust in Allah, there is no might and no power except by Allah.

Jami' at-Tirmidhi 3426




Dua when entering home

بِسْمِ اللَّهِ وَلَجْنَا، وَبِسْمِ اللَّهِ خَرَجْنَا، وَعَلَى رَبِّنَا تَوَكَّلْنَا


Bismillaahi walajnaa, wa bismillaahi kharajnaa, wa 'alaa Rabblnaa tawakkalnaa

In the Name of Allah we enter, in the Name of Allah we leave, and upon our Lord we depend [then say As-Salaamu 'Alaykum to those present].

Abu Dawud 4/325



Sunnahs



Journey Towards Jannah

WhatsApp Facebook Messenger

Journey Towards Jannah


Dua when leaving home

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismillaahi, tawakkaltu 'alallaahi, wa laa hawla wa laa quwwata 'illaa billaah.

In the Name of Allah, I have placed my trust in Allah, there is no might and no power except by Allah.

Jami' at-Tirmidhi 3426



Importance of dua

Anas ibn Maalik narrated that the Prophet ﷺ, said, "When a man goes out of his house and says, '**Bismillaahi tawakkaltu 'ala Allaah wala hawla wala quwwata illa billaah,**' (In the name of Allaah, I place my trust in Allaah; there is no power and no strength save in Allaah.)' then the following is said to him, '**You are guided, defended and protected.**' So the devils will move out of his way, and another devil will say, '**How can you deal with a man who has been guided, defended, and protected (by Allaah)?**'

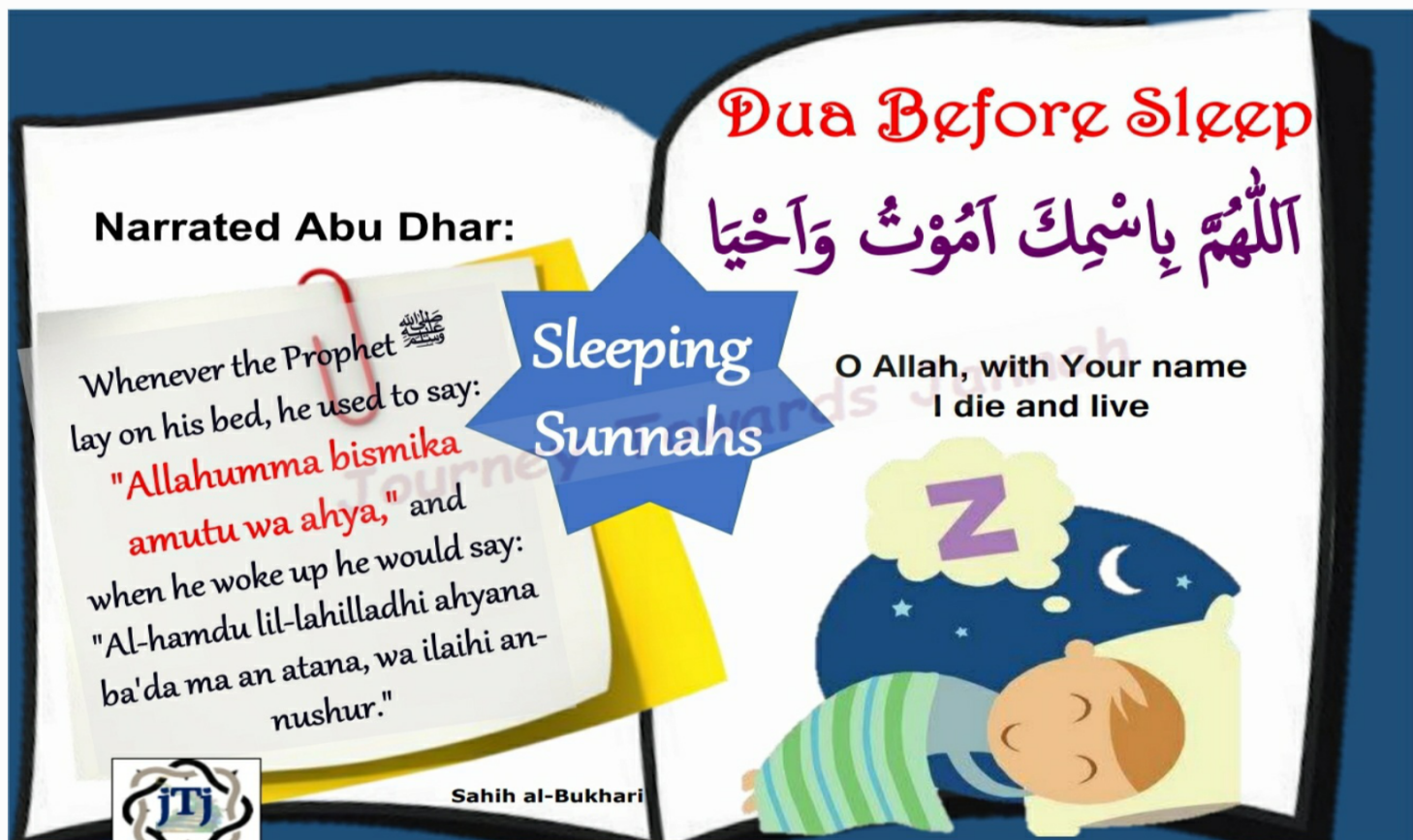
Abu Daawood - Al-Albaani graded it Saheeh (good)

Sunnahs



Journey Towards Jannah

September-November - sleeping sunnah

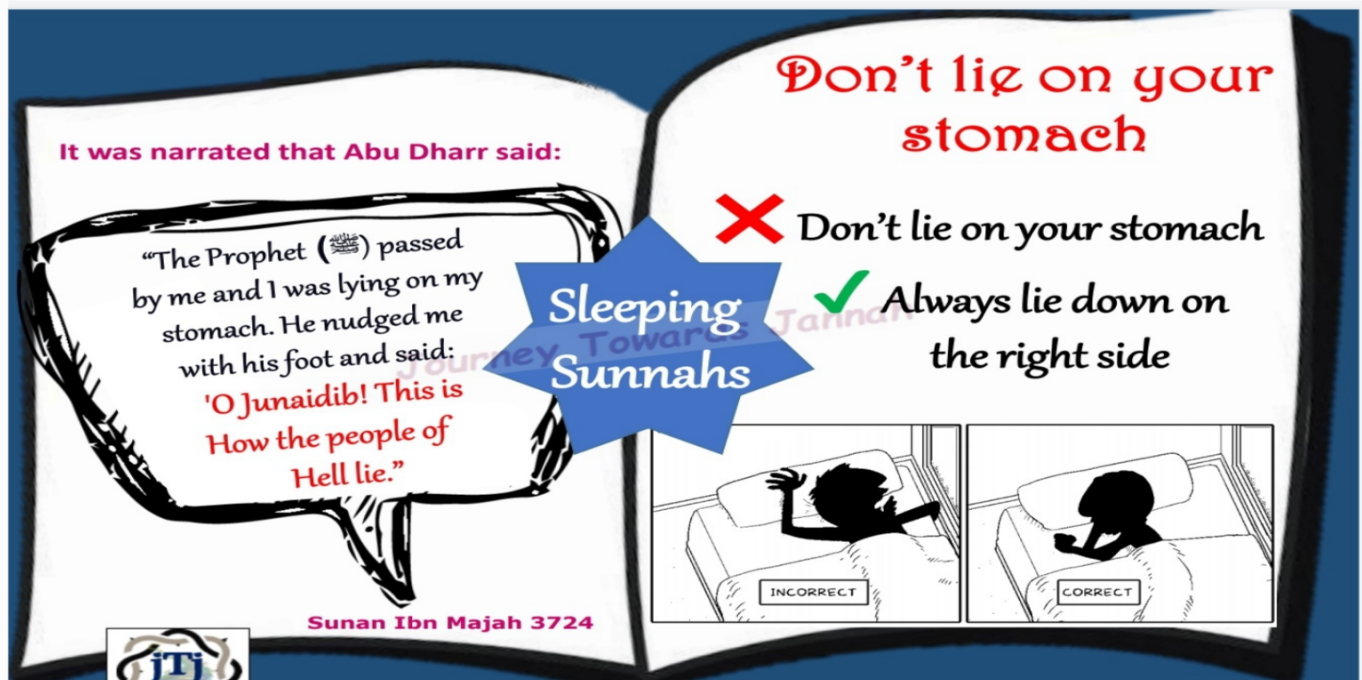


Dust off bed & lie down on right side

Recite Ayat ul kursi when go to bed

Recite 4 quls before sleeping

Last 2 verses of Surat al Baqarah before sleeping



Dua after waking up

Whenever the Prophet ﷺ woke up he would say:
"Al-hamdu lil-lahilladhi ahyana ba'da ma an atana, wa ilaihi an-nushur."

Sahih al-Bukhari 6314



Wake up Sunnahs

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا
بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ
النُّشُورُ

All praise is for Allah who gave us life after causing us to die, and unto Him is the resurrection.



Dust off your bed before sleeping

Recite 4 qul before sleeping

dua before sleeping
اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

Recite Surah Mulk before going to bed

Do wadhu & sleep on right side

Recite "Allaahumma 'aslamtu nafsee ... bi-nabiyyikal-lathe 'arsalta

When you see a bad dream, spit dryly to your left three times, seek refuge with Allah from the accursed Satan three times, and turn over onto your other side



Recite Ayat ul kursi before sleeping

Place right hand under right cheek while sleeping

Don't lie on stomach

Last 2 verses of Surat al Baqarah before sleeping

Say Allahu Akber (34X), Alhamdu-lillah (33X), Subhan ALLAH (33X)

Make Dua when you wake up at the middle of night

Sleeping Sunnahs Checklist

November- Greetings sunnah

1. When Muslims meet one another, they should greet each other with the Islamic greeting,

'AS-SALAAMU ALAY-KUM WARAH-MATUL-LAAHI WA BARA-KAATUH'

In reply one should say,

WA ALAY-KUMUS SALAAM WARAH-MATUL-LAAHI WA BARA-KAATUH'

2. Both hands should be used for handshakes ensuring the palms are firmly grasped
3. Males should not shake with Non-Mahram women (Those women with whom one can marry)
4. Make Salaam when entering the home, classroom e.t.c. And when leaving even though there is no-one present
5. When answering the telephone begin with Salaam and end the conversation with Salaam

Prophet's (s) Companion .

ABU BAKR

He was the Prophet's (saws) chosen companion for the Hijrah (migration to Madina). He was also the first Khalifah. His daughter Ayesha (radi-Allahu anha) was the wife of the Prophet.



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UMAR IBN AL KHATTAB

He was the second Khalifah. During his reign, Iraq, Syria, Palestine and Egypt all became part of the Muslim Empire.



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UTHMAN IBN AFFAN

He was the third Khalifah. He was considered the most modest of the Sahabah & even the angels would feel shy around him.



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ALI IBN ABI TALIB

He was the fourth righteous Khalifah. He grew up in the Prophet's (saws) home and accepted Islam when he was ten years old.



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